



# Large Format Blood Glucose Logbook

Name: \_\_\_\_\_ Week of: \_\_\_\_\_

		Breakfast		Lunch		Dinner		Night		Comments exercise/food/illness/etc.
		Before	After	Before	After	Before	After	Bedtime	2:00 AM	
<b>Sunday</b>	BG									
Date: _____	Meds									
<b>Monday</b>	BG									
Date: _____	Meds									
<b>Tuesday</b>	BG									
Date: _____	Meds									
<b>Wednesday</b>	BG									
Date: _____	Meds									
<b>Thursday</b>	BG									
Date: _____	Meds									
<b>Friday</b>	BG									
Date: _____	Meds									
<b>Saturday</b>	BG									
Date: _____	Meds									

Download more logbook pages FREE at [www.embracemeter.com](http://www.embracemeter.com).

Embrace customer support: 1-877-979-5454 | 3660 Enterprise Way, Miramar, FL 33025

