

Quick Reference Guide

Small & Simple!



Embrace®

EVO™

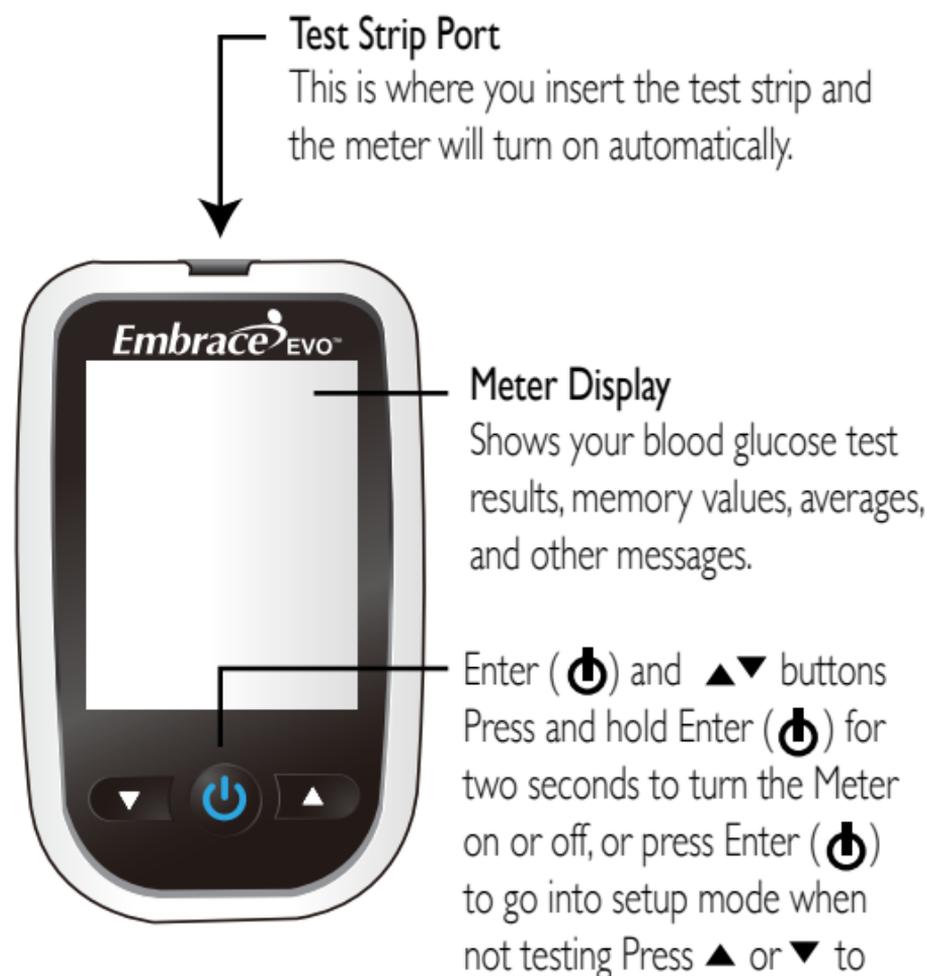
Note: Please read through your Meter User Manual before using this guide.



An **Evolution** in **Affordable**,
Quality Meter Technology.

Understanding Your New Meter

Front of the Embrace EVO™ No Code Meter



enter control mode with test strip inserted, during meter setting, or to navigate the stored test values and averages.

Note: Please refer to the Embrace EVO™ No Code instruction manual for more complete and detailed instructions and important safety warnings.

Understanding Your New Meter

Back of the Embrace EVO™ No Code Meter



Battery Compartment
Holds one CR 2032 3V
Lithium coin cell battery.

Data Port
Connect an Omnis Health
data cable here to send data
to a PC*.

**purchased separately*

Setting Date and Time

Step 1

Press and hold “” to turn on the meter

Step 2

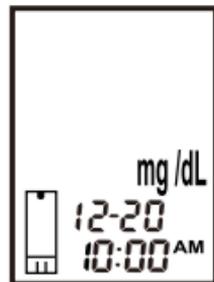
The meter will run a series of self tests.

“” will appear on the screen before entering the main mode. If error messages (Err1, Err 3, etc) appear, see Solving Problems on page 55 of the Embrace EVO™ No Code instruction manual.



Step 3

After a flashing test strip icon appears on the meter display screen, press “” twice until meter display screen shows “”.

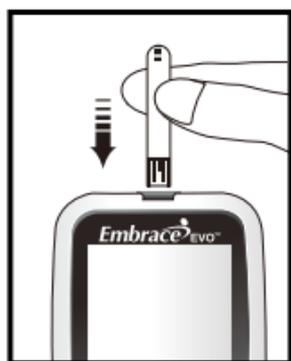


Step 4

Press “” and the current year will flash. Use the “” or “” buttons to select the correct year. Press “” button to confirm your choice and to advance to set the month.



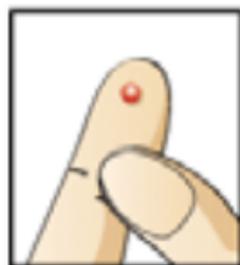
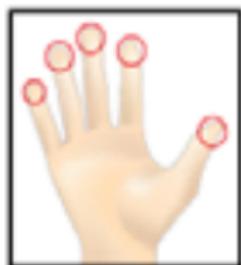
Testing Your Blood Glucose



1. Take out an Embrace EVO™ Test Strip from the test strip bottle and close the bottle immediately. Insert the test strip to turn on the meter.
2. Wait for the flashing blood drop and test strip icons to appear on the left of the meter display screen.
3. Obtain blood sample.

For Finger Testing:

Hold the lancing device against the side of your fingertip and press the release button to create a puncture.



For Testing on Palm and Forearm:

Please refer to the Embrace EVO™ No Code instruction manual for more complete, detailed instructions and important safety warnings.

Testing Your Blood Glucose



4. Gently bring the test strip and touch the drop of blood at a slight angle. The test strip acts like a straw to pull the blood in. Keep the test strip in the blood drop until the meter beeps to indicate the test strip has enough blood to test.
5. The screen will start to count down. After six seconds, your glucose testing result will appear on the meter display screen. Your test result will be automatically stored into the meter memory.
6. Remove the used test strip and throw it into a proper wastebasket. The meter will time-out after 1.5 minutes of inactivity. Press “” to reactivate the meter.
7. Remove the used lancet from your lancing device according to instructions and discard into proper wastebasket.

CAUTION: IF YOU SEE “HI” OR “LO” DISPLAYED, YOUR BLOOD GLUCOSE LEVEL MAY BE ABOVE 600 MG/DL OR BELOW 20 MG/DL, REPEAT TESTING. IF YOU STILL RECEIVE THE SAME RESULT, CALL YOUR PHYSICIAN OR HEALTHCARE PROFESSIONAL IMMEDIATELY.

Message

Description and Remedy



The meter electronics or test strip is damaged

- Replace the battery and turn on the meter again.
- Remove the test strip and insert a new test strip again.
- If problem persists, call us at 1-877-979-5454 between 8:00am and 8:00pm (eastern time), Monday through Friday.
9:00am - 5:00pm (eastern time), Saturday



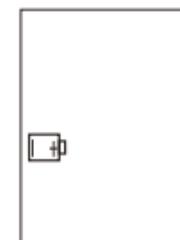
Used or contaminated test strip

Repeat the test with a new test strip. Wait until you see the flashing blood drop icon before you add blood or a control solution sample.



Not enough sample on the test strip to start

Remove the Test Strip and repeat the test with a new test strip. See Testing Your Blood Glucose on page 29.



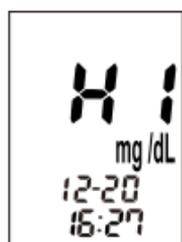
Battery is low

Change the battery according to instructions on page 12, Inserting (or Changing) the Battery.

Problem Solving

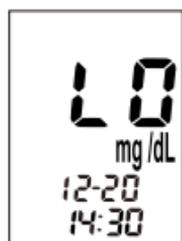
Message

Description and Remedy



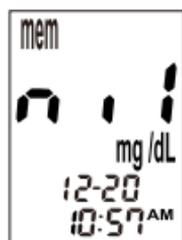
Test result is higher than 600 mg/dL

Wash and dry your hands and repeat the test using a new test strip. If the result is still "HI," contact your physician or healthcare professional immediately.



Test result is lower than 20 mg/dL

Wash and dry your hands and repeat the test using a new test strip. If the result is still "LO," contact your physician or healthcare professional immediately.



There are no memorized results in the meter

Check if the date and time on your meter is set up. See *Setting Up Your New System* on page 12 .

Start testing your blood glucose, see *Testing Your Blood Glucose* on page 29 .



Temperature out of range

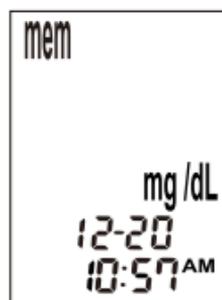
Move the meter into an area that is between 50°F~104°F, and allow 10 to 15 minutes for it to reach the new temperature.

Recalling Memory



1. Turn on the meter by pressing and holding “” button.
2. The “” will appear on the screen, and then the meter will display the main mode. If error messages (Err 1, Err 3, etc) appear, see Solving Problems on page 51 for trouble shooting.

- 3 After the flashing test strip icon appears, press the “” button once, and the “**mem**” will appear at the upper left corner of the display screen. Press “” to select the “**mem**” mode.

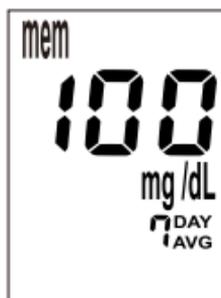


- 4 Press “” to view your result, from the most recent to the oldest.

When less than 300 results are stored in the meter's memory, “**nil**” will appear after the last recorded test result.

Recalling Memory

5. For 7-Day, 14-Day, or 30-Day Average results, continue to press the “▼” button until you see the 7-Day, 14-Day, or 30-Day Average icon according to your choice.



When your 30-day average is displayed, you can press “▲” to go back to view your averages and stored readings.

NOTE:

Control testing results will not be included in the day averages. When there are no memorized results stored in the meter, the display screen will show “**nil.**”

When there is no day average data available, the display screen will show three dashes.



 /embracemeter

 @embracemeter

EmbraceEVO™ is a trademark of Omnis Health.

Manufactured for:



505 Airpark Center Drive
Nashville, TN 37217
1-877-979-5454
www.embraceEVO.com